



Pilates Instructor

“New York Pilates is about community and creating a space where people feel at home, leave their day behind and get into their bodies” - Heather Andersen, Founder & Owner

New York Pilates is a contemporary, music-driven ass-kicking Pilates studio that is focused on sculpting bodies. Each month, approximately 12,000 people visit our studios in search of the best pilates classes in the most beautiful setting. NYP, founded in 2013, is proudly independently owned and operated by wife and husband Heather Andersen and Brion Isaacs. Together they’ve created a new wave of Pilates lovers by designing beautiful spaces for the classically inspired workout, curating a culture of positivity, and playing fresh tracks. The company continues to double in size year over year, growing studio locations, product offerings, and devoted NYP clients.

Our 600+ hour certified Pilates Instructors provide best-in-class group Pilates reformer class ranging from 10-14 students through individualized attention and creative, contemporary programming. They are experts in teaching a rigorous calorie-torching workout all while being safe by preventing and accommodating student injuries. They are obsessed with helping students sweat, shake, and sculpt their bodies to achieve their best selves. They are proud representatives of the New York Pilates brand. They’re edgy, supportive, charismatic, hands-on, committed and inspiring. Our instructors go through a multi-step vetting process and once hired, go through a thorough, supportive on boarding process that coaches every new instructor on how to be their best every day!

Reporting Structure: Instructor report into the Instructor Manager of their prospective studio

Schedule: Group classes are scheduled in 5 hour shifts, morning and evening blocks. Part time and full time, weekday and weekend hours available.

Responsibilities:

- Program and lead classes of 10-14 students at a New York Pilates studio
- Be creative and bring in new ideas when programming and instructing NYP classes while following programming guidelines as directed by NYP
- Have knowledge of and recommend NYP classes, instructors, workshops and retreats
- Act as a representative of NYP through dress, presentation, communication, and professionalism
- Embody New York Pilate’s values of respect, communication, boldness, and best in class
- Utilize Mind Body to manage private client schedule

Qualifications:

- Full Pilates Apparatus Certification required, 500+ hours preferred
- Familiarity with Balanced Body equipment preferred
- Experience teaching group Pilates classes
- Open to new ideas and change in a growing company
- Positive, confident, and kind demeanor



- Love interacting with people (and pilates!)

Our Offer:

- Paid mentorship program
- Complimentary Pilates membership!
- Paid sick time
- 401k plan
- Commuter benefits
- Retail discount
- Collaborative, creative and supportive community of instructors and movement professionals dedicated to being their best